



# St. Xavier's College – Autonomous Mumbai

## Syllabus For I Semester Courses in

### **Psychology** (June 2017 onwards)

Contents:

Theory Syllabus for Course:

APSY101 INTRODUCTION TO PSYCHOLOGY I

**FYBA**

**Course: APSY101**

**Title: Introduction to Psychology I**

**Learning Objectives:**

1. To orient students to psychology as a science.
2. To understand contrasting perspectives in psychological approaches.
3. To introduce students to the basic biological, motivational and emotional bases of behaviour related to areas of Psychology.
4. To stimulate interest in Psychology by emphasizing relevant applications of psychology in everyday life.
5. To expose students to a blend of theory and research in the core biological and motivational areas of Psychology.

**Number of lectures: 60**

**UNIT 1      Perspectives in Psychology      (15 lectures)**

- History and definition
- Classic approaches (with emphasis on Freud's theory of personality)
- Contemporary approaches to understanding humans
- Areas of specialization
- Professionals in the field

**UNIT 2      The Science of Psychology      (15 lectures)**

- Research methods(Quantitative & Qualitative)
- Non-experimental methods
- The experimental method and designs
- Ethics in research
- Statistics in psychological research

**UNIT 3      Behavioural Neuroscience      (15 lectures)**

- The structure and functions of the brain
- Neurons and types of neurotransmitters
- Diseases related to both neuron and the brain structure
- The endocrine glands
- Sensation: vision, audition, taste, smell, touch

**UNIT 4      Perception      (15 lectures)**

- Attention and perception
- Perceptual organization
- Perceptual constancies and illusions
- Depth perception
- Plasticity of perception
- Contemporary issues and applications
- ESP

### **List Of Recommended Reference Books**

1. Baron, Robert A.; Misra, Girishwar & Kalsher, Michael J.: Psychology. (5th ed.) Noida. Pearson India Education Services Pvt. Ltd, 2016. 978-93-325-5854-0--(150Bar/Mis)
2. Ciccarelli, Saundra K. & White, J. Noland: Psychology. Noida. Pearson India Education Services Pvt. Ltd, 2016, 2016. 978-933257944-6--(150CIC/NOL)
3. Coon, Dennis & Mitterer, John O.: Introduction to psychology : Gateways to mind and behavior. (12th ed.) Belmont. Wadsworth Publishing Company, 2010. 0-495-59912-3--(150Coo/Mit)
4. Davis, Stephen F.; Palladino, Joseph J. & Christopherson, Kimberly M.: Psychology. (7th ed.) Boston. Pearson Education Inc., 2013. 978-0-205-84684-9--(150Dav)
5. Feldman, Robert S.: Understanding psychology. (10th ed.) New York. Mcgraw-Hill, 2011. 0-07-122147-4--(150Fel)
6. Gazzaniga, Michael; Heatherton, Todd & Halpern, Diane: Psychological science. (5th ed.) New Work. W.W. Norton & Company, 2016. 978-0-393-93749-7--(150Gaz)
7. Kalat, James W.: Biological psychology. (11th ed.) Delhi. Cengage Learning India Private Limited, 2013(2015). 978-81-315-2526-5--(152Kal)
8. Lahey, Benjamin B.: Psychology : an introduction. (10th ed.) New York. Mcgraw-Hill Higher Education, 2009. 0-07-128000-6--(150Lah)
9. Morgan, Clifford T.; King, Richard A.; Weisz, John R. & Schopler, John: Introduction to psychology. (7th ed. Indian reprint) New Delhi. Tata McGraw Hill Publishing Company Limited, 1986(1993). 0-07-462250-1--(150MOR)
10. Myers, David G.: Psychology. (10th ed.) New York. Worth Publishers, 2013. 978-1-4292-6178-4--(150Mye)
11. Passer, Michael W. & Smith, Ronald E.: Psychology : The science of Mind and Behavior. (5th ed.) New York. Mcgraw-Hill Companies, Inc., 2011. 0-07-122164-1--(150Pas/Smi)
12. Wertheimer, Michael: A brief history of psychology. (5th ed.) New York. Psychology Press, 2014. 978-1-84872-875-2--(150.9Wer)
13. Wood, Samuel E., Wood, Ellen Green & Boyd, Denise: The world of psychology. (7th ed.) Boston. Allyn And Bacon, Inc., 2011. 0-205-76373-1--(150Woo)

14. Zimbardo, Philip G., Johnson, Robert L. & McCann, Vivian : Psychology : Core concepts. (6th ed.) Boston. Pearson Education, Inc., 2009. 0-205-54788-5--(150Zim)
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