

St. Xavier's College – Autonomous Mumbai

Syllabus
For IV Semester
Core Courses in

Psychology (November 2017 onwards)

Contents:

Theory Syllabus for Courses: APSY401 SOCIAL PSYCHOLOGY II APSY402 DEVELOPMENTAL PSYCHOLOGY II SYBA Course: APSY401

Title: Social Psychology II

Learning Objectives:

- 1. To ensure understanding of Social Psychology
- 2. To acquaint students with classic and contemporary research in Social Psychology
- 3. To further students' knowledge of basic research methodology
- 4. To develop critical thinking and application skills with respect to the subject matter of Social Psychology and life in general
- 5. To introduce students to the link between Social Psychology and Personality

Number of lectures:45

UNIT 1 SOCIAL COGNITION

(15 lectures)

- Social Cognition v/s Social Perception
- Schemas and their role in Social Cognitive Processes
- Person Memory
- Social Inferences
- Errors and Biases in Social Cognition

UNIT_2 ATTITUDES AND PREJUDICE

(15 lectures)

- Attitudes (concept, dimensions, acquisition)
- Cognitive Dissonance (theory and application)
- Persuasion (and resistance to persuasion)
- Prejudice
- Discrimination

<u>UNIT</u> 3 INTERPERSONAL ATTRACTION

(15 lectures)

- Concept of Interpersonal Attraction
- Determinants of Interpersonal Attraction
- Falling in and out of love
- Personality theory (with a social psychological orientation)

List of Recommended Reference Books

- 1. Aronson, Elliot; Wilson, Timothy D. & Akert, Robin M.: Social psychology. (7th ed.) Boston. Prentice Hall, 2010. 0-13-814478-8--(302Aro)
- 2. Baron, Robert A. & Branscombe, Nyla R.: Social psychology. (13th ed.) Delhi . Pearson Education Inc., 2015. 978-93-325-3790-3--(302Bar/Bra)
- 3. Baumeister, Roy F. & Bushman, Brad J.: Social psychology and human nature. Belmont. Thomson Wadsworth, 2008. 0-534-63832-5--(302Bau/Bus)

- 4. DeLamater, John D. & Myers, Daniel J.: Social psychology. (6th ed.) Belmont. Thomson Wadsworth, 2007. 0-495-09336-X--(302DeL/Mye)
- 5. Ellis, Albert; Abrams, Mike & Abrams, Lidia D.: Personality theories: Critical perspectives. Los Angeles. Sage Publications, 2009. 1-4129-7062-4--(155.2Ell)
- 6. Franzoi, Stephen L.: Social psychology. (5th ed.) Boston. Mcgraw-Hill Book Company, 2009. 0-07-337059-2--(302Fra)
- 7. Gilovich, Thomas; Keltner, Dacher; Chen, Serena & Nisbett, Richard E.: Social psychology. (4th ed.) New York. W.W. Norton & Company, 2016. 978-0-393-93896-8--(302Gil)
- 8. Kenrick, Douglas T.; Neuberg, Steven L. & Cialdini, Robert B.: Social psychology: Goals in interaction. (4th ed.) Boston. Pearson Education, Inc., 2007. 0-205-49395-5--(302Ken)
- 9. Myers, David G.: Social psychology. (10th ed.) New York. Mcgraw-Hill, 2010. 0-07-108800-8--(302Mye)
- Taylor, Shelley E.; Peplau, Letitia Anne & Sears, David O.: Social psychology. (12th ed.) New Delhi. Dorling Kindersley (India) Pvt. Ltd, 2006. 81-317-0393-2--(302TAY)
- 11. Sanderson, Catherine. A.: Social psychology. Wiley India Pvt Ltd, New Delhi, 2011.

SYBA Course: APSY402

Title: Developmental Psychology II

Learning Objectives:

- 1. To ensure understanding of important concepts, major theories and research methodology of developmental psychology.
- 2. To inculcate knowledge of developmental milestones from conception to death.
- 3. To create awareness of the complex interaction of factors governing physical, cognitive and social-emotional development at different life stages.
- 4. To develop critical thinking and application skills with respect to the subject matter of developmental psychology and life in general.
- 5. To introduce students to the link between developmental psychology and personality.

Number of lectures: 45

UNIT 1 ADOLESCENCE

(15 lectures)

- Physical development, puberty, health
- Cognitive development & abstract thought
- Emotional issues, depression, suicide
- Social development, relationships family and friends
- Sexuality
- Challenges /issues

UNIT 2 EARLY & MIDDLE ADULTHOOD

(15 lectures)

- Cognitive development in early adulthood
- Psychosocial development in early adulthood
- Parenting as a developmental experience
- Mid life transition / changes
- Challenges & issues in middle adulthood

UNIT 3 LATE ADULTHOOD

(15 lectures)

- Physical & cognitive changes
- Social & emotional challenges
- Death, bereavement & grief
- Geriatric care & services with emphasis on Indian context
- Policies and legal laws that protect the elderly in the city

List of Recommended Reference Books

- Berk, Laura E.: Development through the lifespan. (3rd ed.) New Delhi. Dorling Kindersley (India) Pvt. Ltd, 2007. 81-317-0894-2--(155BER)
- Cook, Joan Littlefield & Cook, Greg: Child development: Principles and perspectives. (2nd ed.) Boston. Pearson Education, Inc., 2009. 0-205-49406-4--(155.4Coo/Coo)
- Dacey, John S., Travers, John F. & Fiore, Lisa: Human development across the lifespan. (7th ed.) Boston. Mcgraw-Hill Book Company, 2009. 0-07-128398-6--(155Dac)

Ellis, Albert; Abrams, Mike & Abrams, Lidia D.: Personality theories: Critical perspectives. Los Angeles. Sage Publications, 2009. 1-4129-7062-4--(155.2Ell)

- Feldman, R.S (2014) Discovering the lifespan. Pearson Prentice Hall.
- Kail,R. V., Cavanaugh, J. C. (2016) Essentials of Human Development (2nd ed.). Cengage Learning.
- McDevitt, Teresa & Ormrod, Jeanne Ellis: Child development and education. (4th ed.) Upper Saddle River. Pearson Education, Inc, 2010.
 0-13-713383-9--(155.4McD/Orm)
- Newman, B. M., Newman, P. R. (2016) Development through life: A psychosocial approach. (13th ed.) Cengage Learning.
- Papalia, Diane E.; Olds, Sally Wendkos & Feldman, Ruth Duskin: Human development. (9th Ed.) Boston. McGraw-Hill Higher Education, 2004. 0-07-121501-8--(155PAP)

- Santrock, John W.: Life-span development. (13th ed.) New York. Mcgraw-Hill Companies, Inc., 2011. 0-07-122169-6--(155San)
- Santrock, J.W. (2007) Educational Psychology (2nded). Tata McGraw Hill.